

Sample Resume – Community Health Major

Ruby Tuesday

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Education

University of Maine at Farmington (UMF), Farmington, Maine
B.S. Community Health Education with a minor in Nutrition Education, anticipated May 2017
3.62 GPA, Dean's List Recipient
Community Health Education Specialist (CHES) certification

Community Health Experience

Direct Service Provider, January 2015 – present
L.E.A.P., Farmington, Maine

- Provide in-home support for teenage clients with intellectual and developmental disabilities
- Support each client's goal of developing life skills and working toward independent living
- Attend weekly clinical counseling meeting to discuss client progress
- Document daily activities with clients and progress toward meeting goals

Practicum Student, September – December, 2015
Nutrition Program at Mallett School, Farmington ME

- Created cooking activities for students in grades 1-3
- Researched recipes that can be made with small groups of children
- Assessed the nutritional program at Mallett School and provided feedback

Coaching Experience

Track Coach, Summer 2014
YMCA Youth Track and Field, Camden, Maine

- Taught fundamentals, injury prevention strategies, and team work to children ages 6 to 12
- Communicated informally with parents about their child's progress and behavior
- Organized practices and scrimmages for teams of 12 children

Research Experience

Delivered a presentation on the efficacy of an anti-smoking campaign (The TRUTH) on college students. The original research focused on whether or not these advertisements raised the viewers' heart rate as a measure of significant influence. The results were presented through PowerPoint at a campus-wide symposium on student research before an audience of 30 students and faculty. Invited to deliver "The Effects of the TRUTH Campaign" at a state-wide conference on undergraduate research at Colby College in Waterville, Maine. February, 2016

Professional Affiliations

Member, MAPHERD

Member, AAPHERD

Course Highlights

Health Communications and Theory, Principles of Disease Prevention and Health Promotion, Child and Adolescent Development, Nutrition and Exercise, Nutrition and Ecological Concerns, Nutrition Care for Children

Athletic Experience

Three-year member (striker) of the UMF varsity women's soccer team, which won the NCAA North Atlantic Conference Champions in 2014, the NAIA Regional Champions in 2015, and the Maine Athletic Conference Champions in 2016

References

Denise Boothby, Coordinator of Community Health, University of Maine at Farmington 207-778-7110 (office) or denise.boothby@maine.edu

Maurice Martin, Associate Professor of Community Health, University of Maine at Farmington 207-778-7181 or maurice.martin@maine.edu

Laurie Smith, Director at L.E.A.P., 207-778-5555, laurie@leap.org.